

<b>Tue Aug 11</b>	7:15am – 8:15am 9:15am – 10:30am 5:30pm – 6:45pm	<ul style="list-style-type: none"> <li>☑ <a href="#">FREE Yoga in Harmony Square</a> - Harmony Square, Dalhousie Street, Brantford,</li> <li>☑ <a href="#">Yoga Basics</a> ☑</li> <li>☑ <a href="#">Discipline and Home Practice</a> ☑</li> </ul>
<b>Wed Aug 12</b>	11:30am – 1:30pm 1:15pm – 2:30pm 5:30pm – 6:45pm	<ul style="list-style-type: none"> <li>☑ <a href="#">Possibilities &amp; Meaning: Moving Forward in Joy</a></li> <li>☑ <a href="#">Therapeutic Yoga</a> ☑</li> <li>☑ <a href="#">Candlelit Yin Yoga</a> ☑</li> </ul>
<b>Fri Aug 14</b>	12:00pm – 1:00pm	☑ <a href="#">Therapeutic Yoga</a> ☑
<b>Sat Aug 15</b>	9:30am – 10:00am	☑ <a href="#">Nia in Preston Park, Brantford</a> ☑
<b>Sun Aug 16</b>	10:00am – 11:15am	☑ <a href="#">Community Yoga &amp; Meditation PWYC</a> ☑
<b>Mon Aug 17</b>	5:30pm – 6:45pm	☑ <a href="#">Gentle Yoga</a> ☑
<b>Tue Aug 18</b>	7:15am – 8:15am 9:15am – 10:30am 5:30pm – 6:45pm	<ul style="list-style-type: none"> <li>☑ <a href="#">FREE Yoga in Harmony Square</a> - Harmony Square, Dalhousie Street, Brantford,</li> <li>☑ <a href="#">Yoga Basics</a> ☑</li> <li>☑ <a href="#">Self-Study and Future Vision and Patience</a> ☑</li> </ul>
<b>Wed Aug 19</b>	1:15pm – 2:30pm 5:30pm – 6:45pm	<ul style="list-style-type: none"> <li>☑ <a href="#">Therapeutic Yoga</a> ☑</li> <li>☑ <a href="#">Candlelit Yin Yoga</a> ☑</li> </ul>
<b>Fri Aug 21</b>	12:00pm – 1:00pm	☑ <a href="#">Therapeutic Yoga</a> ☑
<b>Sat Aug 22</b>	9:30am – 10:00am	☑ <a href="#">Nia in Preston Park, Brantford</a> ☑
<b>Sun Aug 23</b>	10:00am – 11:15am	☑ <a href="#">Community Yoga &amp; Meditation PWYC</a> ☑
<b>Mon Aug 24</b>	5:30pm – 6:45pm	☑ <a href="#">Gentle Yoga</a> ☑
<b>Tue Aug 25</b>	7:15am – 8:15am 9:15am – 10:30am 5:30pm – 6:45pm	<ul style="list-style-type: none"> <li>☑ <a href="#">FREE Yoga in Harmony Square</a> - Harmony Square, Dalhousie Street, Brantford,</li> <li>☑ <a href="#">Yoga Basics</a> ☑</li> <li>☑ <a href="#">Surrender to a Higher Reality/Beginner's Mind</a> ☑</li> </ul>