Tue Jun 16	9:15am – 10:30am 5:30pm – 6:45pm	⊕ Yoga Basics □⊕ FREE Intro - Tools for Stress-Free Life!
Wed Jun 17	1:15pm – 2:30pm 5:30pm – 6:45pm	⊕ Therapeutic Yoga
Thu Jun 18	7:15pm – 8:15pm	⊕ No Class Today - NIA Ø
Fri Jun 19	12:00pm – 1:00pm	⊕ Therapeutic Yoga □
Sat Jun 20	9:15am – 10:25am	⊕ Nia □
Sun Jun 21	9:00am – 10:30am 10:00am – 11:15am	⊕ 1st International Day of Yoga ⊕ Community Yoga & Meditation PWYC □
Mon Jun 22	5:30pm – 6:45pm	⊕ Gentle Yoga □
Tue Jun 23	9:15am – 10:30am 5:30pm – 6:45pm	⊕ Yoga Basics □ ⊕ Non-violence: Facing the Shadow from th