Tue Sep 22	9:15am – 10:30am 5:30pm – 6:45pm	⊕ Yoga Basics □⊕! DIY Practice: You Can Do It, Too! with Erin Byron
Wed Sep 23	1:15pm – 2:30pm 5:30pm – 6:45pm	⊕ Therapeutic Yoga □ ⊕ From Full Mind to Mindful □
Thu Sep 24	7:00pm – 8:15pm	⊕ NIA □
Fri Sep 25	12:00pm – 1:00pm	⊕ Therapeutic Yoga
Sat Sep 26	9:15am – 10:25am	⊕ NIA □
Sun Sep 27	10:00am – 11:15am	⊕ Community Yoga & Meditation PWYC □
Mon Sep 28	5:30pm – 6:45pm	⊕ Gentle Yoga □
Tue Sep 29	9:15am – 10:30am 5:30pm – 6:45pm	⊕ Yoga Basics □⊕! Personal Meaning & Affirmation with Erin Byron